

Overcoming challenges in TB care: from policy to practice

Person-Centered Care (PCC)

Multidisciplinary Psychosocial (PS) Support and
Harm Reduction Intervention
In a cohort of MDR/RR-TB patients with Harmful
Use of Alcohol in Minsk, Belarus

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МІНІСТЕРСТВО
ОХОРОНИ
ЗДОРОВ'Я
УКРАЇНИ



“Drink Moderately, Adhere 85%”

- Is it **acceptable** that some people, including DR-TB patients, cannot be expected to cease their alcohol use at the present time.
- Is it **OK** to drink moderately, sober up and **miss** my TB meds **ONCE IN A WEEK; TWICE IN MONTH?!?**
- **NO TO ABSTINENCE?!? NO TO PUNISHMENT?!?**

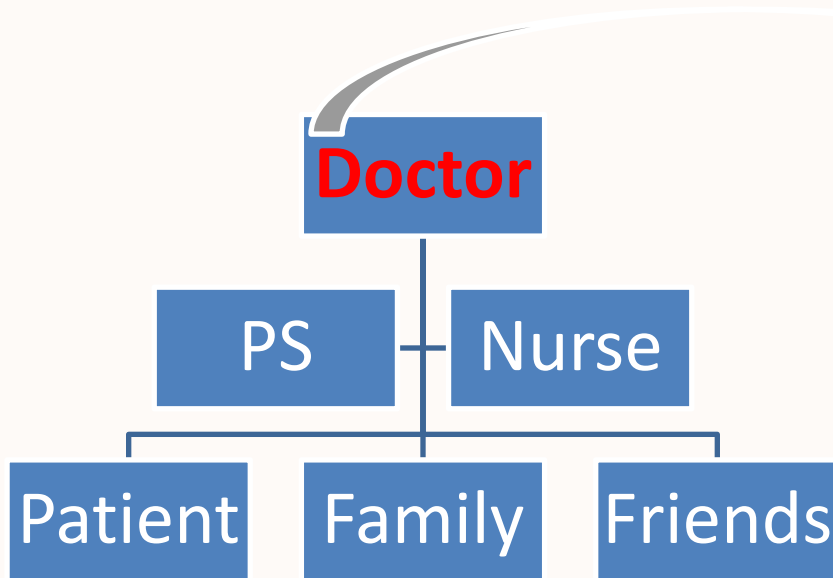
To be or not to be?!?

Patients have the right to make their own decisions, even **“bad decisions”**

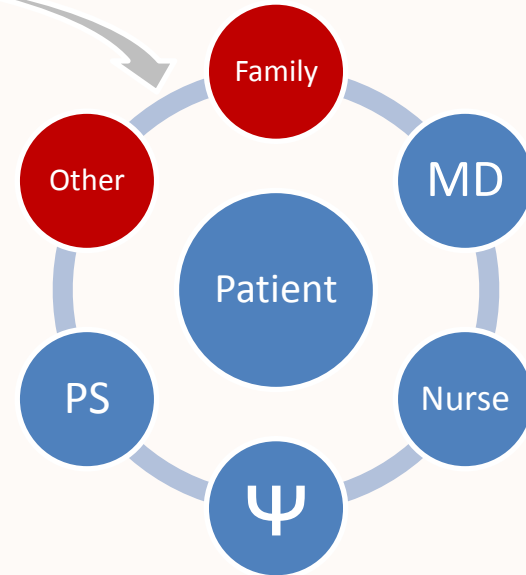
Medical professionals do not convince patients to do anything – they create a situation where the patient can **decide freely** for themselves

Autonomy includes **respecting all patients decisions**, even those we do not agree with

Person-Centered Care



The Medical Model



Person-Centered Care

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x The Medical Model

- **Doctor** is the expert and most important person on the care team
- **Doctor** has authority in the case and patient must comply - lecturing
- Other care providers are **NOT** as important as the doctor
- Patients have **NO voice!!!**

✓ Person-Centered Care

- Compassionate, respectful, culturally safe
- Responsive to needs, values, preferences of the patient
- Patients and families are equal to doctors
- Patients have a voice in all decision making

Demands on the care providers:

- **HOW** to address **assumptions and biases**
- **IMPACT** of one's **beliefs** on behaviour towards patients
- **WHAT** to do with **anger, frustration and fatigue**
- **Self-care?!? Help for Helpers?!?**

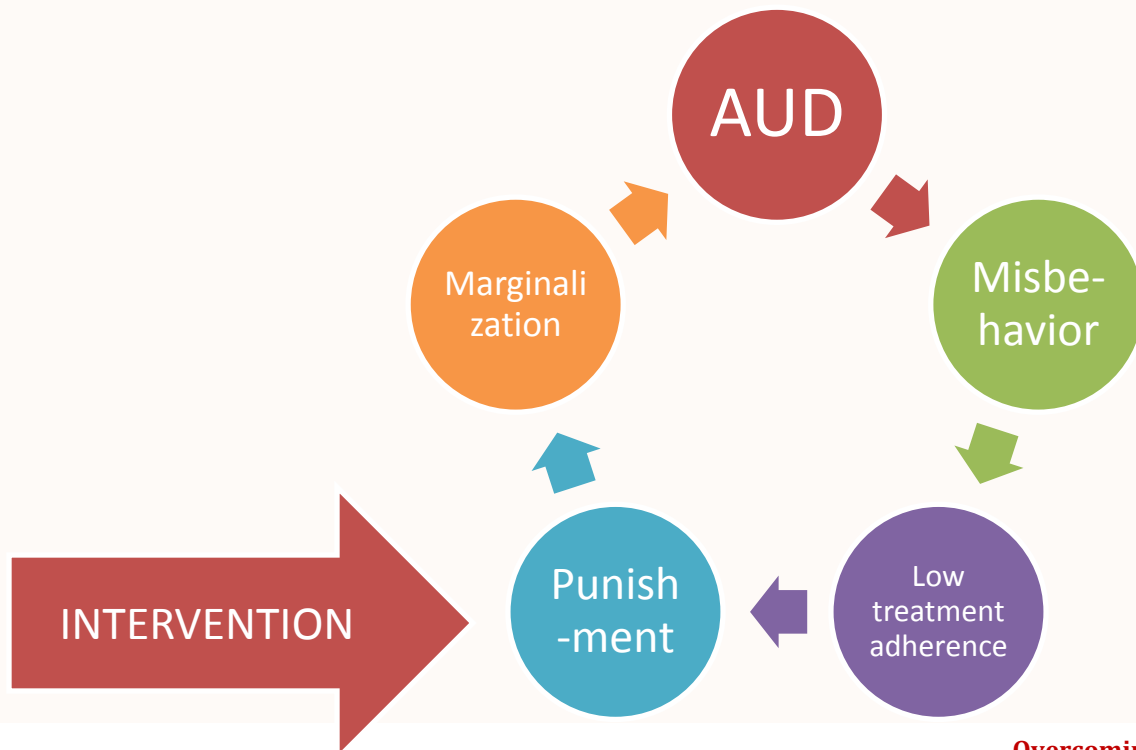
What is/Where is **Collaboration?!?**

- Collaboration between MoH and MSF (**Steering Committee Meetings**)
- Collaboration between treating professionals (Doctors, Specialists MD, Psychiatrist, Nurses, Counselors, Social Worker) (**Multi-Disciplinary Meetings**)
- Collaboration between professionals and patient's personal support network (**Family and Friends**)
- Collaboration between Medical Services and Community Resources (**Community Engagement**)

Challenges:

1. **Poor Adherence** and Harmful Use of Alcohol
2. The Medical model versus Person-Centered Care
3. Patients' **Bad Decisions**
4. Harm Reduction (?): **“Drink Moderately, Adhere 85%”**
5. Where is/What is Collaboration ?!?
6. The Burden among care providers

The Vicious Cycle of AUD and **LOW** Adherence



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Thank You



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