Treating Patient, Not Disease: People-Centered Approach

7th TB Symposium – Ministry of Health of the Kyrgyz Republic and Médecins Sans Frontières

1-2 March, 2018, BISHKEK, KYRGYZSTAN

TBpeople (network of people with experience of TB): a guide for patients and Hold Your Breath art exhibition

Kseniia Shchenina
TBpeople
IN Volvement of TB community in TB response

KSENiya shchenina, paulina siniatkina
PERSONAL EXPERIENCE

- Symptoms -> hospitalization
- Diagnosis: TB
- A year and a half in the hospital
WHAT IS A COMMUNITY ORGANIZATION?

- A community organization starts with a patient who understands that he/she is not just a care recipient.
- Who understands that, despite the disease, he/she remains a human being and can influence the treatment, as well as claim a better quality of life.
A definitive history of the successful battle to halt the AIDS epidemic.
An example of what patients can achieve.
Tuberculosis is curable.

When cured, people don't want to inspire others by personal example; they want to forget their experience like a nightmare.

Stigma accompany the disease.

People don’t want to disclose their status, they don’t want to be associated with the disease.
ROOTS OF STIGMA

• Low public awareness

• The way the diagnosis is communicated and the first conversation with the doctor

• Lack of psychological support in dispensaries and hospitals

UNAWARENNESS ➔ FEAR ➔ STIGMA
VISION: WORLD FREE OF TUBERCULOSIS
Mission: Unite People, Defeat Tuberculosis
WHY A COMMUNITY ORGANIZATION?

- Patients have first-hand understanding of the problem
- Motivation: nobody wants access to the treatment more than a patient
- Can ease doctors' workload

Problems faced by doctors which can be shifted to a community organization:

- Medicines stock-outs
- Patients with substance abuse
- Low treatment adherence
- Doctors' working conditions
THE FIRST STEP IN RESOLVING A PROBLEM IS TO RECOGNIZE THAT THE PROBLEM EXISTS
"We know what you are about to face... But remember for now: TB is curable. That's what matters most".
The brochure presents 12 most common myths about TB. We have surveyed patients from different countries and asked them to tell us the scariest stories they’ve heard in hospitals and dispensaries.
WE ARE ALL TRYING TO ACHIEVE THE SAME GOAL — TO END TB.

Everyone has their own solutions, and only united, we can succeed.

http://www.tbpeople.info/
THANK YOU!

I had TB